

# **SOUTH ESSEX GYMNASTICS CLUB LIMITED. JEWELLERY & BODY PIERCING ADORNMENTS - POLICY**



**South Essex Gymnastic Club** believes that jewellery and any adornments worn in body piercing are inappropriate for safe practices in gymnastics and is strictly prohibited as per British Gymnastics health & safety Policies. This policy applies to all participants and employees whilst on the SEGC premises.

**Participants:** - A gymnast participating with body adornments or jewellery must inform their coach and then remove the relevant items as to reduce the risk of injury. All coaches must adhere to this policy and ensure jewellery is being removed before the session starts.

**Coaches:** - Whilst coaching on SEGC premises, all personal jewellery **MUST** be removed as well as it is strictly prohibited to physically coach or have coach contact whilst wearing jewellery due to the potential hazards. This includes the removal of all watches, bracelets, necklaces, rings etc. A coach can request for written permission from the D.O.C if they deem it necessary to wear a watch for example for timekeeping; but under no circumstances should jewellery be worn without specific written permission.

**Jewellery that cannot be removed:** - In specific circumstances, it may be impossible to remove a ring or piercings. In this case they **MUST** be taped or covered to eliminate any risk.

**Religious & Medical jewellery:** - The wearing of jewellery sensitive to religious belief or medical requirement should be afforded, but safety is paramount; so any jewellery deemed to be a safety hazard should be removed or the participant may be prohibited from partaking. The risk should be explained to the participant or Parent/Guardian, however there are exceptions:- **Wedding Rings. Diabetes Bracelet. Kara Sahib** (Bracelet worn in the Sikh religion). **Allah Ring** (Worn by the Muslim religion). All **MUST** be covered or taped to reduce any risks.

**In all circumstances it is the responsibility of the head coaches / coaches in charge of the session to ensure that they adhere to all S.E.G.C. H&S Policies and risk assessments. If any coaches identify a risk that could breach these health & safety guidelines, they **WILL** Prohibit the participant from partaking in the session until the issue is resolved. Legitimate health & safety concerns will surpass any other considerations, be they religious, medical or any other.**

**Ultimately it will be the senior / head coaches responsibility to ensure that this policy is adhered to within the gym. Any participants or coaches found not to be adhering to this policy and are deemed to be in violation of the rules, the individuals insurance could be rendered invalid should an accident take place as a direct result of their non-compliance. Any SEGC coaches found not to be complying with this policy will end with disciplinary action be taken against them. Due to the severity and the potential risk of non-compliance, both the coach and their head coach will potentially have disciplinary action taken against them.**