

SOUTH ESSEX GYMNASTICS CLUB LIMITED. GYMNAST CODE OF CONDUCT - POLICY



- Gymnasts are required to train in suitable attire.
- Training commences promptly at the times stated, gymnasts are requested to arrive on time as warm up is very important.
- Jewellery should be removed or safely taped or covered.
- Bullying is not tolerated and could result in suspension or expulsion.
- Gymnasts should respect their coach, bad language and misbehavior will not be tolerated.
- Gymnasts must be dropped off and collected by a responsible adult.
- Gymnasts must not leave the club premises without being accompanied by a responsible adult.
- Gymnasts must not train or use any equipment without a qualified coach being present.
- Gymnasts should inform their coach if they feel unwell or have an injury.
- Gymnasts are responsible for their own personal hygiene, ensuring both they and their training kit are clean.
- Gymnasts are asked not to bring items of value into the gym as S.E.G.C. will not be held responsible for any valuables lost or stolen, the use of the lockers provided is recommended.
- A copy of the British Gymnastics code of conduct policy is available from the British Gymnastics website: [conduct and discipline \(british-gymnastics.org\)](http://conductanddiscipline.british-gymnastics.org)