

**SOUTH ESSEX GYMNASTICS CLUB LIMITED.
SAFEGUARDING AND CHILD PROTECTION / VULNERABLE
ADULT - POLICY**



It is our aim as a gymnastics club to - create a safe environment, give all gymnasts attending the club a fulfilling and enjoyable gymnastics experience, we strive to provide opportunity for members to achieve their gymnastics potential and feel good about themselves.

Our strategies for achieving the above are:

- Improving physical well-being, posture, coordination, concentration and confidence of participants
- Implementing all relevant health and safety and child protection guidelines and policies
- Giving all participants, regardless of age and ability, a gymnastics experience that is safe, challenging and fun
- Providing appropriate opportunities, facilities and coaching for the participants to fulfil their potential
- Where appropriate, develop individualised training programmes that are specific to the level, ability and potential of the participant

Overall: We want coaches, gymnasts, members and participants associated with the club to feel a sense of satisfaction and pride from being part of a successful and caring gymnastics club.

What to do if you have a concern:

- If your concern is regarding your child's training or gymnastics progress it is best to contact the head coach of your child's discipline. If you are not comfortable doing this you can, of course, speak to one of the welfare team and they will pass on your concerns.
- If your concern is regarding a specific incident, please make a note of the date and time it occurred and report it as soon as possible. Please also make a note of the key facts relating to the incident and speak to a member of the welfare team as soon as possible.
- If you have a general concern, please make a note of the main points of your concern and report them to a member of the welfare team.
- Please note – EVERYONE has a duty of care to report any concerns they may have regarding a child or vulnerable adult.

All SEGC employees are bound by their code of conduct to treat all reports with complete discretion and confidentiality.

How to make contact:

E-mail – Welfare@southessexgym.co.uk

Phone – [01268 722 479](tel:01268722479)

Useful information:

NSPCC - [0808 800 5000](tel:08088005000)

MIND – [0300 123 3393](tel:03001233393)

MIND – info@mind.org.uk

Childline – [0800 1111](tel:08001111)

If your concern is of an urgent nature, please speak to a member of staff who will contact one of the welfare team.

Please remember these guidelines are for children as well as parents. It doesn't matter who makes the report, or how old they are, all concerns are equally important and will be taken seriously.

You can view British Gymnastics Safeguarding & Welfare policies here:

[Safeguarding and Compliance - British Gymnastics \(british-gymnastics.org\)](https://www.british-gymnastics.org/Safeguarding-and-Compliance)