

# SOUTH ESSEX GYMNASTICS CLUB LIMITED. ANTI-BULLYING POLICY



South Essex Gymnastics Club take all signs or allegations of possible bullying seriously. Disruptive, threatening or inappropriate behavior of any kind is totally unacceptable and will not be tolerated.

## **Bullying can be:-**

- Emotional - excluding and tormenting (e.g. hiding belongings, threatening gestures).
- Physical - pushing, kicking, hitting, punching or any use of violence.
- Racist - racial taunts, graffiti, gestures.
- Sexual - unwanted physical contact or sexually abusive comments.
- Homophobic - an individual is mocked or taunted because of their sexuality.
- Transphobia - Misgendering or taunting, threats of violence received due to identified gender.
- Verbal - name calling, sarcasm, spreading rumors, excessive teasing.
- Cyber - all areas of the internet, such as email and internet chat room misuse, mobile phone threats by text messaging and calls, misuse of associated technology, i.e. camera and video facilities.

## **Examples of bullying within gymnastics could be:-**

- A gymnast who intimidates fellow gymnasts inappropriately i.e. abusive texts messages, MSN, other social networking sites.
- A coach who adopts a win at all costs philosophy i.e. shouting, name calling, or ignoring.
- A parent who pushes too hard i.e. shouting at child.
- Anyone who intimidates another member at the club.

## **SEGC operates a strict three strike policy:-**

- 1.** Anyone failing to meet behavior standards will receive a verbal warning and there will be an apology from the bully/bullies to the victim and the bully's parents will be informed.
- 2.** If the behavior continues, a written warning will be issued to the bully and the parents and disciplinary action will be taken, if necessary.
- 3.** If the written warning has no effect, the gymnast will be suspended or expelled from the club at the discretion of the Director of Coaching.

- A copy of the British Gymnastics Anti-Bullying policy is available from the British Gymnastics website:

[Safe and Fair Sport: Safeguarding in Gymnastics \(british-gymnastics.org\)](http://british-gymnastics.org)

[file \(british-gymnastics.org\)](http://british-gymnastics.org)