



SOUTH ESSEX GYMNASTICS CLUB

TERMS AND CONDITIONS – PAY AS YOU GO SESSIONS

Acknowledgment of Risk

It must be recognised that gymnastics is a sport that inherently involves an element of risk. By taking part in a class with South Essex Gymnastics Club you agree and acknowledge that:

- You are aware of the element of risk involved in the sport and you accept responsibility for exposing yourself and/or your child or your children to such inherent risk whilst taking part.
- You will ensure that you and/or your child complies at all times with the instructions of the coaches particularly with regard to conduct in the gym when using equipment and the wearing of suitable clothing for the activity.

Whilst South Essex Gymnastics staff will take every precaution to prevent any accidents, they will not be held responsible for any loss or damage or any injury to you or your child/children.

Parent and Toddler / Family Pay and Play / Fun4Baby Sessions

South Essex Gymnastics Club age limit policy for these sessions is as follows.

- Parent and Toddler sessions - strictly 6 years and under
- Family Pay and Play sessions - strictly 11 years and under
- Fun4Baby sessions – strictly 2 years and under.

Children over these ages will be refused entry to the session. South Essex Gymnastics Club will accept no responsibility for any inconvenience and/or disappointment resulting from a failure to adhere to these strict age limits.

Professional, trained coaching staff will always be in attendance for these sessions. They are there for health and safety and to offer advice. Please always listen to their instructions as, for health and safety and wellbeing purposes, some apparatus and areas are strictly off limits during the session.

Parents and guardians are solely responsible for the supervision of their own child/children whilst attending these sessions in the gyms, toilets, shower and changing areas and also in the corridor/ viewing and adjacent areas.

South Essex Gymnastics club will not accept any responsibility for personal injury due to lack of parental/guardian supervision or disregard for health and safety procedures.

Adult Gym / Adult and Junior Freestyle sessions

South Essex Gymnastics Club recommends the use of our professional coaching staff whilst practicing gymnastics. You should become knowledgeable about the risks involved and assume personal responsibility for you and / or your child's /children's actions.

South Essex Gymnastics Club do not encourage or support the performance of freestyle or other gymnastics type elements outside of a safe, gymnastics environment and any you do is done so entirely at your own risk.

By agreeing to these Terms and Conditions, you confirm that you have read and understand the Participants Code of Conduct for Adult Gym / Freestyle on the South Essex Gymnastics Club website and that you and/or your child/children understand and agree to abide by the rules.

Personal Belongings

All footwear and other personal belongings must be placed in the cages provided in the gym or in the lockers provided in the viewing area. Any items left in the changing rooms or viewing areas are done so at your own risk. South Essex Gymnastics Club will not accept responsibility and cannot be held liable for any lost, damaged, or stolen belongings, however upon request to the coaching staff, valuables can be locked in the office.

Misconduct

You understand that the Head Coach may exclude anyone from a particular session and evict anyone from the premises who refuses to comply with these terms and conditions or who misconducts themselves in any way or causes damage or annoyance to other persons.

Cancellation of classes and refunds

In the unlikely event that South Essex Gymnastics Club cancels a class for reasons out of their control, all payments will be refunded, except for reasons stated below:

Reasons out of our control include denied access to the Gym due to events being run at the Basildon Sporting Village or Eversley Centre.

Please note that where there are adverse weather conditions, coaches will do their best to get to the club to run sessions. It is only in the event that the Basildon Sporting Village or Eversley Centre closes their premises for safety that sessions will be cancelled.

If applicable, authorised refunds will be by way of a credit on your account when you rebook for an alternative session.

Photography

South Essex Gymnastics Club may take photographs and/or video footage of those taking part in any club activities and may use and/or store this media for coaching and /or promotional purposes. If you object to the use of these images, please let us know in writing.

No personal photography is permitted anywhere on club premises without prior written consent from the manager.

Special Needs and Medical Information

If you and/or your child have more specific needs, it is your responsibility to discuss this with a member of the office team. Please ensure that if you and/or your child/children have any serious medical issues that you have made us aware of it.

Downs Syndrome – British Gymnastics, the National Body for Gymnastics and Trampoline have released guidelines for customers with Downs Syndrome and relating to Atlanto-Axial Instability. Approval for participation that is signed by a GP or other relevant medical professional **must** be obtained before taking part in any gymnastics or trampolining activities.

Sickness Virus - Please allow at least 48 hours after a sickness virus before returning to the club.

Jewellery and Body Piercing adornments

Jewellery and any adornments worn in body piercings are inappropriate for safe participation in gymnastics. Any gymnasts with jewellery and/or body adornments must remove the relevant items to reduce the risk of injury. In specific circumstances, it may be impossible to remove a ring or piercing. In this case they must be taped or covered to eliminate any risk.

South Essex Gymnastics Club accepts no responsibility for accidents or injury as a direct result of non-compliance.

Data Protection

The information given by you will be used by us to process any session registration and for attending to you whilst you are at South Essex Gymnastics Club. If you do not wish to receive newsletters and details of promotions, please let us know in writing.

All staff will have access to session attendees' age, phone numbers and medical information.

Any data you provide will be held on South Essex Gymnastics Club systems accessible by authorised club officers for the purposes of club administration. More information can be found in our Club privacy policy.

Consent to Partake

I consent to myself and/or my child/children taking part in gymnastics activities at South Essex Gymnastics Club.

I understand that insurance to participate in these sessions is paid through South Essex Gymnastics Club to British Gymnastics, but I am not necessarily a member of British Gymnastics.

I confirm that I am aware that it may be necessary for South Essex Gymnastics Club to disclose my personal details to British Gymnastics and that agreeing to these terms and conditions, I am giving my informed consent for South Essex Gymnastics Club to disclose any such information as necessary.

I/my child/children have no undisclosed medical conditions that might endanger me/themselves or others. I confirm that I/my child/children is/are physically fit and healthy, and I will inform the office team and head coach on arrival of any change to the given medical information. I authorise South Essex Gymnastics Club to approve emergency medical treatment should the need arise. If surgery is required, this may include the use of anaesthetics.

I/my child/children will always follow the directions of South Essex Gymnastics Club staff and demonstrate a high regard for safety and behaviour. I understand that South Essex Gymnastics Club may exclude any person acting against its interests.

Parents and guardians of gymnasts attending sessions are required to acknowledge their acceptance of the terms and conditions. By agreeing to these terms and conditions, you are taking responsibility for each gymnast, and accept these terms and conditions.

South Essex Gymnastics Club reserves the right to change these terms and conditions at any time with good reason.